



# 100 RURAL WOMEN

*Building Networks and Leadership  
with Women in Rural Communities*



## Issue 5 2021

100 in 100

The Breakfast Club  
Webinar Series

The Reading Room  
Monthly Series

Women in the Spotlight



# LOOKING FORWARD TO 2021

As we welcome 2021, we want to reflect on what an unprecedented time we are living in with COVID-19 and its impacts on our families, communities, work, education, economy, and political sphere. It has driven how we communicate, connect, do business, and engage civically, forcing us to adapt to an online world.

What we have learned at 100 Rural Women is that, although we miss in-person engagements, we can work efficiently and effectively virtually. One big positive outcome of virtual delivery is that it can remove barriers for rural women when it comes to family responsibility and not having to drive long distances to participate. We are hopeful that we can capitalize on the positives of these new ways of communicating and integrate them moving forward.

So here's to 2021: a year of new opportunities, identifying and embracing the positive outcomes of COVID that we can apply to our work, community engagement opportunities, and bringing more balance in our overall lives.

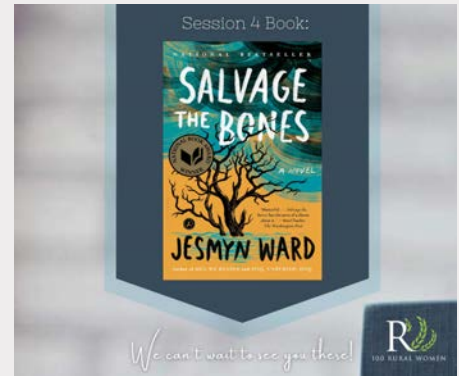
100 Rural Women will be launching some new initiatives: fully implementing our "100 in 100" program, launching a podcast to lift up rural women, expanding our spotlight leadership interviews, building a video series, starting in mentorship, new organizational collaborations to serve rural women, building out the networks, and continually identifying how our organization can add value to rural women.

**-TERESA KITTRIDGE, FOUNDER**

# UPDATES

Join us for our next session of The Reading Room on March 10th at 7PM where we'll be discussing *Salvage the Bones* by Jesmyn Ward.

**SIGN UP**



## **Breakfast Club Webinar**

Wednesday, February 24th, 8:30 AM

Join us to learn more about Lead For America's work in MN. Presentations by National Co-Founder Benya Kraus and a fireside conversation with Lead For Minnesota Fellows on their experiences as young women making a change in our rural public institutions. Join the discussion as we all learn more about the organization, how you can be part of the work and support young people who are giving back in our rural communities.

**REGISTER**

## **Meet Our Newest Board Members**



We recently welcomed two new members to serve on our board. Benya Kraus (left) is a co-founder of the national nonprofit Lead for America. Dr. Hara Charlier (right) is the president of Central Lakes College. Learn more about their work [here](#).

As an emerging non-profit organization, we need your support to grow, build out our programs, and ensure that we can continue running quality programming to improve the lives of rural women. Will you donate to help us continue to engage and empower rural women?







## Announcing our pilot project in Northwestern MN

Join 100 Rural Women as we embark on this pilot project. We are looking forward to connecting and gathering input on women's current networks and leadership experiences in Northwest Minnesota. For this project; Northwest Minnesota includes Kittson, Roseau, Lake of the Woods, Marshall, Pennington, Red Lake, Clearwater, Beltrami, Polk, Norman, Mahnomen, Clay, Becker, Hubbard, Ottertail and Wilkin counties, Red Lake and White Earth Nations.

Assisting us with this project is our intern Maddie Brule and graduate student Kate Stower. Click their names to learn more about them.



**LEARN MORE & REGISTER**



As part of our effort to lift up women leaders, we are sharing amazing leadership journey profiles of 100 women from across rural Minnesota.

*Let us know if you have someone you think we should highlight by emailing [teresa@100ruralwomen.org](mailto:teresa@100ruralwomen.org)*

**READ PROFILES**



## Launching our New Podcast Series

# MARCH 17, 2021

We are excited to announce that our first podcast on rural women's stories and making world change will feature founder, Teresa Kittridge, and student intern, Breanna Bahr.

**CATCH IT ON ST. PATRICK'S DAY!**

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## Featuring Our Rural Partners



Click the images to read more on our rural partners and how to register for their zoom sessions!



@100ruralwomen



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